Rashida Serrant-Davis

S P E A K E R | A U T H O R

Connect with Rashida on Social Media:

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View Rashida's work at **The Really Nourish Movement on YouTube**

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RASHIDA'S MOTIVATION

In November 2014, Rashida's step-father was diagnosed with renal failure. Both kidneys had shut down. God gave her the green light to get evaluated as a donor. During the donor evaluation, she discovered that, although she thought she was doing all the right things in her food life, she was obese, borderline hypertensive and pre-diabetic. Through prayer and scripture study, she learned what she could do according to the word of God to make a complete change in her personal health and ultimately give her dad a clean, healthy kidney.

A 20-year veteran of the food and beverage industry with a Diploma of Wine and Spirit from the Wine and Spirit Education Trust and a background in teaching and writing in these areas of expertise, God has been grooming her for such a time as this. After giving her life to the Lord in 2011, she approached biblical learning the same way she approached all the other subjects in which she could claim deep knowledge and understanding - like an avid academic. She spent two years teaching children's ministry at Crenshaw Christian Center New York. She is a current student in the Evangelism Explosion International certification program. She is called by God to apply her teaching skills to the topic of Food Activism in the body of Christ as a function of active evangelism.

TOPICS I SPEAK ON

- Your food choices as a function of stewardship of your body and your world
- How we can train up children in food rights and choices
- Play your part in your own healing using biblical principles
- A biblical case for veganism
- GMO 101: We shall not be destroyed for lack of knowledge
- How you can help mankind secure its food sovereignty
- Food-Focused Scripture Studies

Je parle français aussi!

Forthcoming Book:
Securing Our Birthright - A Christian Food Activist's Handbook

WestBow Press